

3 Vital Questions™ for Work and Life

Where are you putting your focus?

Are you focused on *problems* or on *outcomes*?

How are you relating?

- How are you relating to others, your experience and yourself?
- Are you producing or perpetuating drama or empowering others and yourself to be more resourceful, resilient and innovative?

What actions are you taking?

Are you merely *reacting* to the problems of the moment or *taking creative action* (including solving problems) in service to outcomes?